

US Lacrosse Rules 2012-13

Topic	Rule	New Rule	Rationale
Coaching area	Rule 1-11	The team bench area is defined as the area from the end of the substitution area to the team's restraining line, and even with the level of the scorer's table extended (at least 4m from the sideline), and does not include the area directly behind the scorer's table. Non-playing team personnel must remain in their team bench area. Violation of this rule will be assessed as a misconduct foul.	Coaches should not be coaching behind the scorer's table.
Equipment	Rule 2-5	Beginning January 1, 2014, NOCSAE approved balls shall be used for play.	Promotes safety of game with ball standards that ensure more consistency.
Equipment	Rule 2-5	The ball shall constructed of smooth or slightly textured (no seams), solid, elastomeric material.	Edit to include NOCSAE standard specifications
Uniform	New AR 2-14	A team with illegal uniforms shall be penalized with a free position for the opponent on the first draw of the game.	Clarification of non-compliance for multiple infractions.
Speaking Captain	Rule 3-4 edit	Remove the terms (Speaking/Acting) in reference to Captains.	Since any of the captains may speak to the umpires, it eliminates the need to designate a "speaking captain" should she leave the field. Green cards will be recorded to the team.
Umpire Pre-game	Rule 3-11	Clear pre-game protocol for umpires, coaches, and captains: Introductions, Coin Toss, Review of ground conditions, Appropriate Rules Interpretations, Head Coach verifies legality of uniforms and equipment	Clarify and standardize Pre-game protocol, and identify head coach and captains.
Timing- Time Outs	Rule 3-16-edit	Clock shall stop for time outs during a running clock	Clarification
Timing	Rule 3- 16 edit	Clarification on what it means when the clock is running.	Clarification
Timer Duties	Rule 3-16	The timer may sound the horn to indicate a timeout request by the team in possession during a dead-ball situation only.	Allows for quick communication to umpires on dead ball.

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Timeouts	Rule 4-4	Timeout may be requested by a coach or any player on the field after a goal is scored or any time the requestor's team is in clear possession of the ball.	Allows a team in possession to have a timeout and does not require a whistle. Aligns with many other sports and the NCAA
Suspended game	Rule 4-5	Suspended game will be played from the point of interruption on the day that the game is resumed.	Allows completion of current game which would count as "same game" instead of a new contest.
Overtime	Rule 4-7 edit	Overtime shall be played in two 3-minute "halves".	"Periods" are not used in any other area of timing.
Illegal Substitution	Rule 4-9 Note	Clarify penalties for Illegal Substitutes	Clarification
Boundary	Rule 5- 11	When a ball goes out of bounds, the player will stand 2m inside the boundary line.	To speed up play after out of bounds. Consistent with NCAA.
Goal Circle Play	Rule 5-18 Note	NOTE – GK gets the ball in the goal circle, and throws it out with her crosse. It has been cleared. It is touched by another player. It has now been played.	Clarification
Defensive Goal Circle Violation	Rule 7- 11	The penalty for goal circle fouls by the defense other than for an illegal deputy shall be a free position taken 8m out to either side, level with the goal line. The offending player, except the goalkeeper, shall be placed 4m behind the player taking the free position. The goalkeeper remains on the spot of the foul, or if she was within or partially within the goal circle, she remains inside the circle.	An indirect free position is not enough of a deterrent and aligns with NCAA.
Misconduct-Penalty Box	Rule 7- 29	The umpire may warn the offending player by issuing a yellow card. The player receiving the yellow card must leave the field and enter the penalty area for two minutes of elapsed playing time, and no substitute may take her place during that two-minute period.	A penalty area allows for more efficient management of misconduct fouls.

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Misconduct-Re-entry	Rule 7-32	<p>If the carded player or any player replacing her enters the game before the penalty time has elapsed, the player originally receiving the card will serve an additional two-minute penalty, and no substitute may take her place. If the player entering early is the player who received the original card, she will be removed from the field of play for the remainder of the penalty time and then serve the additional two-minute penalty. If the player entering early is not the player who received the original card, the officials will send a player from the offending team who is closest to her team bench area off the field, and the player who received the original card will serve the remainder of the penalty time and then serve the additional two-minute penalty. A change of possession will take place at the spot of the ball if warranted, and any free position will be awarded at the spot of the ball with a player from the offending team placed 4m behind the player with the ball. Note: This is an extension of the penalty time and not an additional card.</p>	To simplify the penalty and is consistent with NCAA.
Penalty Box- Red Card	Rule 7-33	<p>The player receiving the red card must leave the field and enter the penalty area for two minutes of elapsed playing time and no substitute may take her place during that time. Once the full penalty time has been served, the team may substitute another player for the player who has been ejected.</p>	Clarifies where ejected player serves penalty and when a substitute may take her place.
Misconduct	Rule 7 -35	<p>The Head Coach and Offender shall be removed from the game upon issuance of a Red Card</p>	Provides protocol for removal of offender
Jurisdiction	Rule 7-38	Reporting of incidents before and during play	Edit to include other parts of game and jurisdiction that state associations have over any incidents that may arise outside of playing rules.

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Manufacturer's Specification	Rule 9- 5	Bent handle may only be used with heads that are specifically designed to accommodate them.	Clarification of Table Test. A head not designed to be used on a bent handle will not fit in the 6.55 box.
Manufacturer's Specification	Rule 9- 8	Effective September 1, 2013, pockets may not be attached by looping over the top of the bottom rail or in decorative holes.	More consistent attachment of the pocket and minimizes deeper reverse pocket.
Manufacturer's Specification	Rule 9-20	Thongs must nominally be the same width along their full length. A second material may be used in close proximity to the scoop and the ball stop to allow attachment of each thong to the head.	Minimizes smaller width near throat which may allow the ball to be deeper in pocket making it harder to check.
Manufacturer's Specification	Rule 9-41	Eyewear must be tested by accredited testing facility approved by US Lacrosse. See Website for list.	PECC no longer exists.
Misconduct	Youth	U9/11- The player receiving a yellow or red card must leave the field for 2 minutes of elapsed playing time and a substitute will take her place during the two minute period.	Allows for penalty for offending player while team remains at full strength. More age appropriate.
SIGNALS	Signals	Edit of Holding and Detaining verbiage in rule 6-2 and signal description.	Confusion concerning Holding as a Minor & Major Foul.
SIGNALS	Signals	"Crosse in the Sphere".	New Signal to clarify foul